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Taking
care of
your new
piercing

Aftercare guide

Your new piercing has involved breaking your skin's surface and without it being cared for, your piercing could become infected. By following the guidelines in this leaflet you will reduce the chance of any issues with your new piercing.

Your new piercing

Sknworks Ear and Body Piercing Aftercare should be used to care for any new ear or body piercing. If you have had an oral piercing, you should use Sknworks Oral Piercing Mouthwash.

Sknworks contains a unique high purity, hypochlorous technology to provide the optimum environment for your piercing to heal. It combines effective cleansing and antimicrobial care with a skin neutral pH and gentle non-irritant formula to protect and soothe the skin.

Cleaning Instructions for Body Piercings

- Wash your hands thoroughly prior to touching or cleaning your piercing.

NOTE – Do not touch jewellery unnecessarily.

- Saturate your body piercing with Sknworks Ear and Body Piercing Aftercare 2-3 times a day during the recovery process. For some piercing placements it may be easier to apply Sknworks with a saturated piece of fresh paper roll/gauze/non fibrous pads.
- Dry the piercing by gently patting the area with a clean paper roll/gauze/non fibrous pads.

For oral piercings use Sknworks Oral Piercing Mouthwash, 2-3 times daily and rinse with 15-20ml.



Homecare

You should aim to clean your piercing two to three times a day. Always wash your hands prior to touching the piercing. Leave the piercing alone except for when cleaning. Soak off any crust that may have formed before you start to move the jewellery. It is not necessary to move your piercing jewellery whilst the area is recovering, however some movement may prevent embedding. Do not pick off the crust that forms unless you are spraying/wiping the site; the crust acts as a barrier to the site.

For tongue/oral piercings,

Sknworks Oral Piercing

Mouthwash should be used after everything you eat, drink or smoke until the piercing has fully healed.

Ensure your towels and bedding are washed and changed weekly.

Showers are better than baths.



What to expect after your piercing?

Initially: some minor bleeding, swelling to piercing site, tenderness or bruising is possible depending on the piercing site.

During healing process: itching, whitish-yellow fluid (not pus) may form some crust on the jewellery, the body tissue may also tighten around the jewellery as the area heals.

Once healed: Your jewellery might not move freely in the piercing; do not force it. If you fail to clean your piercing as part of your daily hygiene routine, normal but smelly bodily secretions may accumulate. Continue to clean the area, moving gently until the jewellery moves more readily.

Your piercing may appear to be healed before the process is complete. This is because the body tissue heals from the outside in and although it looks and feels fine, the interior of the pierced area is still fragile. Just continue to clean the entire piercing site for the recommend time frame as recommended by your body piercer. You can continue to use Sknworks after your skin has healed naturally, especially when changing jewellery.

What to look out for with your new piercing

Your body piercer would have advised you about things that could go wrong with your piercing if it's not looked after properly.

These include:

Localised Infection:

If you do not follow your aftercare advice correctly, an infection may occur at the site of your piercing. If you suffer with any of the below points you should speak to your piercer or seek medical assistance:

- Swelling and redness that increases and lasts for more than a week after the piercing.
 - A burning or throbbing sensation at the site of the piercing.
 - Painful to touch, increased tenderness to area.
 - An unusual discharge (yellow or green) with an offensive smell.
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Embedding of Jewellery:

If an infection occurs at the piercing site, or an inappropriate piece of jewellery has been used, the jewellery may try and make its way completely under the surface of the skin. This is known as embedding. If you think this may be happening then do not remove the jewellery and seek advice from your body piercer.

Allergic Reaction:

Your piercer will have asked you about any allergies that you may have. However, if you notice a reaction to your jewellery (or any other product used during the piercing) at any time then seek medical advice.



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